

Nelson Slagle Memorial Boeing Lunchtime 5K July #449 - 7/10/2023

www.socaltiming.com

Seal Beach Plant**Rankings****Mixed 5k Run RR**

Comp#	Name	Team	Time	Points
1	22 Araujo, John	M65 Unattached	22:33.06	
2	69 Hilton, James	M59 Unattached	23:10.80	
3	95 Kho, Daniel	M42 Unattached	23:37.82	
4	96 Acker, Robert	M24 Unattached	24:30.20	
5	19 Parker, Randy	M62 Unattached	24:48.96	
6	89 Gomez, Nabor	M70 Unattached	25:12.22	
7	47 McKiernan, Gavin	M49 Unattached	25:29.41	
8	75 Bergeron, David	M68 Unattached	26:01.58	
9	15 Heller, Jim	M75 Unattached	28:15.40	
10	2 Rahl, Emmett	M52 Unattached	29:44.18	
11	30 Terrell, Richard	M69 Unattached	29:51.02	
12	86 Deprez, Johan	M65 Unattached	31:32.37	
13	76 Esteban, Leo	M58 Unattached	31:39.58	
14	94 Behzadian, Ben	M43 Unattached	33:43.33	
15	66 Rice, Bob	M88 Unattached	36:25.35	
16	1 Parsel, Dave	M68 Unattached	38:29.95	
17	42 Salas, Rick	M75 Unattached	39:17.41	
18	11 Shunmugavel, Raji	W66 Unattached	39:26.07	
19	101 Galvan, Rylie	W6 Unattached	45:32.85	
20	7 Scianni, Jim	M72 Unattached	45:34.04	
21	100 Scianni, Olivia	W7 Unattached	45:53.94	
22	99 Scianni, Chris	M44 Unattached	45:56.14	

AGE GROUPS RESULTS

Name	Age Team	Avg Mile	Finals	Points
19 & Under Results - Women 5000 Run				
1 #101 Galvan, Rylie	W6 Unattached	14:39.7	45:32.85	
2 #100 Scianni, Olivia	W7 Unattached	14:46.4	45:53.94	
60-69 Results - Women 5000 Run				
1 #11 Shunmugavel, Raji	W66 Unattached	12:41.6	39:26.07	
20-29 Results - Men 5000 Run				
1 #96 Acker, Robert	M24 Unattached	7:53.3	24:30.20	
40-49 Results - Men 5000 Run				
1 #95 Kho, Daniel	M42 Unattached	7:36.4	23:37.82	
2 #47 McKiernan, Gavin	M49 Unattached	8:12.3	25:29.41	
3 #94 Behzadian, Ben	M43 Unattached	10:51.3	33:43.33	
4 #99 Scianni, Chris	M44 Unattached	14:47.2	45:56.14	
50-59 Results - Men 5000 Run				
1 #69 Hilton, James	M59 Unattached	7:27.7	23:10.80	
2 #2 Rahl, Emmett	M52 Unattached	9:34.3	29:44.18	
3 #76 Esteban, Leo	M58 Unattached	10:11.5	31:39.58	
60-69 Results - Men 5000 Run				
1 #22 Araujo, John	M65 Unattached	7:15.5	22:33.06	
2 #19 Parker, Randy	M62 Unattached	7:59.3	24:48.96	
3 #75 Bergeron, David	M68 Unattached	8:22.7	26:01.58	
4 #30 Terrell, Richard	M69 Unattached	9:36.5	29:51.02	
5 #86 Deprez, Johan	M65 Unattached	10:09.1	31:32.37	
6 #1 Parsel, Dave	M68 Unattached	12:23.5	38:29.95	

Nelson Slagle Memorial Boeing Lunchtime 5K July #449 - 7/10/2023**www.socaltiming.com****Seal Beach Plant****Rankings****70-79 Results - Men 5000 Run**

1	#89 Gomez, Nabor	M70 Unattached	8:06.8	25:12.22
2	#15 Heller, Jim	M75 Unattached	9:05.7	28:15.40
3	#42 Salas, Rick	M75 Unattached	12:38.8	39:17.41
4	#7 Scianni, Jim	M72 Unattached	14:40.0	45:34.04

80+ Results - Men 5000 Run

1	#66 Rice, Bob	M88 Unattached	11:43.4	36:25.35
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