

Nelson Slagle Memorial Boeing Lunchtime 5K December#466 - 12/9/2024

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Seal Beach Plant**Rankings****Mixed 5k Run RR**

Comp#	Name	Team	Time	Points
1	47 McKiernan, Gavin	M50 Unattached	22:34.53	
2	22 Araujo, John	M66 Unattached	22:52.77	
3	69 Hilton, James	M60 Unattached	23:07.68	
4	31 Law, Nina	W62 Unattached	23:45.54	
5	89 Gomez, Nabor	M72 Unattached	24:08.31	
6	92 McIntyre, Tim	M64 Unattached	24:09.35	
7	136 Vannah, Zach	M24 Unattached	24:31.52	
8	19 Parker, Randy	M63 Unattached	25:19.98	
9	133 Nido, Marina	W28 Unattached	25:34.59	
10	134 Kucharczyk, Will	M31 Unattached	26:34.37	
11	122 Rice, Richard	M60 Unattached	28:02.90	
12	64 Sohaskey, Laura	W66 Unattached	28:14.96	
13	15 Heller, Jim	M77 Unattached	31:28.50	
14	34 Louie, Michael	M63 Unattached	33:20.17	
15	7 Scianni, Jim	M73 Unattached	33:20.44	
16	30 Terrell, Richard	M70 Unattached	33:20.72	
17	42 Salas, Rick	M77 Unattached	36:21.14	
18	66 Rice, Bob	M89 Unattached	36:42.88	
19	4 Rusher, Dave	M85 Unattached	38:09.42	
20	14 Soohoo, Kie	M68 Unattached	41:24.39	
21	11 Shunmugavel, Raji	W68 Unattached	42:00.00	
22	1 Parsel, Dave	M69 Unattached	42:27.31	
23	2 Rahl, Emmett	M53 Unattached	43:53.28	
24	5 Hickok, Tim	M59 Unattached	43:53.57	
25	80 Ytzen, Richard	M67 Unattached	44:40.97	
26	20 Wetterhahn, Ralph	M82 Unattached	48:31.37	
27	59 Kuntz, David	M72 Unattached	49:48.75	

AGE GROUP RESULTS

Name	Age	Team	Avg Mile	Finals	Points
20-29 Results - Women 5000 Run					
1 #133 Nido, Marina		W28 Unattached	8:14.0	25:34.59	
60-69 Results - Women 5000 Run					
1 #31 Law, Nina		W62 Unattached	7:38.9	23:45.54	
2 #64 Sohaskey, Laura		W66 Unattached	9:05.6	28:14.96	
3 #11 Shunmugavel, Raji		W68 Unattached	13:31.1	42:00.00	
20-29 Results - Men 5000 Run					
1 #136 Vannah, Zach		M24 Unattached	7:53.7	24:31.52	
30-39 Results - Men 5000 Run					
1 #134 Kucharczyk, Will		M31 Unattached	8:33.2	26:34.37	
50-59 Results - Men 5000 Run					
1 #47 McKiernan, Gavin		M50 Unattached	7:16.0	22:34.53	
2 #2 Rahl, Emmett		M53 Unattached	14:07.6	43:53.28	
3 #5 Hickok, Tim		M59 Unattached	14:07.7	43:53.57	
60-69 Results - Men 5000 Run					
1 #22 Araujo, John		M66 Unattached	7:21.9	22:52.77	
2 #69 Hilton, James		M60 Unattached	7:26.7	23:07.68	
3 #92 McIntyre, Tim		M64 Unattached	7:46.5	24:09.35	

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4	#19 Parker, Randy	M63 Unattached	8:09.3	25:19.98
5	#122 Rice, Richard	M60 Unattached	9:01.7	28:02.90
6	#34 Louie, Michael	M63 Unattached	10:43.8	33:20.17
7	#14 Soohoo, Kie	M68 Unattached	13:19.7	41:24.39
8	#1 Parsel, Dave	M69 Unattached	13:39.9	42:27.31
9	#80 Ytzen, Richard	M67 Unattached	14:23.0	44:40.97

70-79 Results - Men 5000 Run

1	#89 Gomez, Nabor	M72 Unattached	7:46.2	24:08.31
2	#15 Heller, Jim	M77 Unattached	10:07.9	31:28.50
3	#7 Scianni, Jim	M73 Unattached	10:43.9	33:20.44
4	#30 Terrell, Richard	M70 Unattached	10:44.0	33:20.72
5	#42 Salas, Rick	M77 Unattached	11:42.1	36:21.14
6	#59 Kuntz, David	M72 Unattached	16:02.0	49:48.75

80+ Results - Men 5000 Run

1	#66 Rice, Bob	M89 Unattached	11:49.1	36:42.88
2	#4 Rusher, Dave	M85 Unattached	12:16.9	38:09.42
3	#20 Wetterhahn, Ralph	M82 Unattached	15:37.1	48:31.37