www.socaltiming.com **Seal Beach Plant Rankings**

Mixed	5k	Run	RR
Co	#qm	Nam	ne .

	Comp#	Name		Team	Time Points
1	22	Araujo, John	M64	Unattached	21:45.36
2	68	Barringer, Hiroko	W54	Unattached	23:58.14
3	19	Parker, Randy	M60	Unattached	24:40.91
4	84	Chang, Dennis	M69	Unattached	26:22.38
5	75	Bergeron, David	M67	Unattached	26:47.75
6	61	Mills, Steven	M72	Unattached	27:40.35
7	15	Heller, Jim	M74	Unattached	28:25.29
8	30	Terrell, Richard	M68	Unattached	28:29.96
9	50	Sydlowski, Tim	M58	Unattached	29:21.81
10	7	Scianni, Jim	M71	Unattached	31:51.64
11	1	Parsel, Dave	M67	Unattached	33:33.00
12	4	Rusher, Dave	M82	Unattached	34:08.38
13	66	Rice, Bob	M87	Unattached	36:03.29
14	85	Mcintyre, Kevin	M52	Unattached	40:05.23
15	20	Wetterhahn, Ralph	M80	Unattached	48:28.03
16	11	Shunmugavel, Raji	W65	Unattached	53:11.47

AGE GROUPS RESULTS

				======
Name	Age Team	2	Finals	
50-59 Results - Women	5000 Run			
1 #68 Barringer, Hiroko	W54 Unattached	7:42.9	23:58.14	
60-69 Results - Women	5000 Run			
1 #11 Shunmugavel, Raji	W65 Unattached	17:07.3	53:11.47	
50-59 Results - Men 50				
1 #50 Sydlowski, Tim	M58 Unattached	9:27.1	29:21.81	
2 #85 Mcintyre, Kevin	M52 Unattached	12:54.2	40:05.23	
60-69 Results - Men 50	00 Run			
1 #22 Araujo, John	M64 Unattached	7:00.2	21:45.36	
2 #19 Parker, Randv	M60 Unattached	7:56.7	24:40.91	
3 #84 Chang, Dennis 4 #75 Bergeron, David	M69 Unattached	8:29.4	26:22.38	
4 #75 Bergeron, David	M67 Unattached	8:37.5	26:47.75	
5 #30 Terrell, Richard	M68 Unattached	9:10.4	28:29.96	
6 #1 Parsel, Dave	M67 Unattached	10:48.0	33:33.00	
70-79 Results - Men 50	00 Run			
1 #61 Mills, Steven	M72 Unattached	8:54.5	27:40.35	
2 #15 Heller, Jim	M74 Unattached	9:08.9	28:25.29	
3 #7 Scianni, Jim	M71 Unattached	10:15.3	31:51.64	
80+ Results - Men 5000	Run			
1 #4 Rusher, Dave	M82 Unattached	10:59.3	34:08.38	
2 #66 Rice, Bob	M87 Unattached	11:36.3	36:03.29	
3 #20 Wetterhahn, Ralph		15:36.0		