

**Nelson Slagle Memorial Boeing Lunchtime 5K February #456 - 2/12/2024**

www.socaltiming.com

**Seal Beach Plant****Rankings****Mixed 5k Run RR**

Comp#	Name	Team	Time	Points
1	47 McKiernan, Gavin	M49 Unattached	21:45.45	
2	8 Galvan, Dominic	M13 Unattached	24:23.38	
3	22 Araujo, John	M65 Unattached	25:23.07	
4	89 Gomez, Nabor	M71 Unattached	25:39.98	
5	19 Parker, Randy	M62 Unattached	26:23.81	
6	122 Rice, Richard	M60 Unattached	26:29.67	
7	2 Rahl, Emmett	M52 Unattached	26:49.23	
8	64 Sohaskey, Laura	W65 Unattached	27:14.79	
9	95 Kho, Daniel	M42 Unattached	28:38.35	
10	96 Acker, Robert	M25 Unattached	28:40.92	
11	86 Deprez, Johan	M66 Unattached	30:09.86	
12	15 Heller, Jim	M76 Unattached	33:31.45	
13	81 Ytzen, Kyra	W64 Unattached	33:57.34	
14	80 Ytzen, Richard	M66 Unattached	35:40.17	
15	66 Rice, Bob	M89 Unattached	35:42.89	
16	42 Salas, Rick	M76 Unattached	37:02.69	
17	1 Parsel, Dave	M68 Unattached	39:51.48	
18	14 Soohoo, Kie	M67 Unattached	41:57.40	
19	11 Shunmugavel, Raji	W67 Unattached	42:21.86	
20	7 Scianni, Jim	M72 Unattached	44:33.70	
21	101 Galvan, Rylie	W7 Unattached	44:33.98	
22	100 Scianni, Olivia	W8 Unattached	45:52.07	
23	99 Scianni, Chris	M44 Unattached	45:56.17	
24	125 Apodaca, Pam	W69 Unattached	46:03.83	
25	20 Wetterhahn, Ralph	M81 Unattached	46:19.33	

**AGE GROUP RESULTS**

Name	Age	Team	Avg Mile	Finals	Points
<b>19 &amp; Under Results - Women 5000 Run</b>					
1 #101 Galvan, Rylie		W7 Unattached	14:20.7	44:33.98	
2 #100 Scianni, Olivia		W8 Unattached	14:45.8	45:52.07	
<b>60-69 Results - Women 5000 Run</b>					
1 #64 Sohaskey, Laura		W65 Unattached	8:46.2	27:14.79	
2 #81 Ytzen, Kyra		W64 Unattached	10:55.8	33:57.34	
3 #11 Shunmugavel, Raji		W67 Unattached	13:38.2	42:21.86	
4 #125 Apodaca, Pam		W69 Unattached	14:49.6	46:03.83	
<b>19 &amp; Under Results - Men 5000 Run</b>					
1 #8 Galvan, Dominic		M13 Unattached	7:51.1	24:23.38	
<b>20-29 Results - Men 5000 Run</b>					
1 #96 Acker, Robert		M25 Unattached	9:14.0	28:40.92	
<b>40-49 Results - Men 5000 Run</b>					
1 #47 McKiernan, Gavin		M49 Unattached	7:00.2	21:45.45	
2 #95 Kho, Daniel		M42 Unattached	9:13.1	28:38.35	
3 #99 Scianni, Chris		M44 Unattached	14:47.2	45:56.17	
<b>50-59 Results - Men 5000 Run</b>					
1 #2 Rahl, Emmett		M52 Unattached	8:38.0	26:49.23	

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1	#22 Araujo, John	M65 Unattached	8:10.3	25:23.07
2	#19 Parker, Randy	M62 Unattached	8:29.8	26:23.81
3	#122 Rice, Richard	M60 Unattached	8:31.7	26:29.67
4	#86 Deprez, Johan	M66 Unattached	9:42.6	30:09.86
5	#80 Ytzen, Richard	M66 Unattached	11:28.9	35:40.17
6	#1 Parsel, Dave	M68 Unattached	12:49.8	39:51.48
7	#14 Soohoo, Kie	M67 Unattached	13:30.3	41:57.40

**70-79 Results - Men 5000 Run**

1	#89 Gomez, Nabor	M71 Unattached	8:15.7	25:39.98
2	#15 Heller, Jim	M76 Unattached	10:47.5	33:31.45
3	#42 Salas, Rick	M76 Unattached	11:55.5	37:02.69
4	#7 Scianni, Jim	M72 Unattached	14:20.6	44:33.70

**80+ Results - Men 5000 Run**

1	#66 Rice, Bob	M89 Unattached	11:29.8	35:42.89
2	#20 Wetterhahn, Ralph	M81 Unattached	14:54.6	46:19.33