

Nelson Slagle Memorial Boeing Lunchtime 5K August #462 - 8/12/2024

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Seal Beach Plant**Rankings****Mixed 5k Run RR**

Comp#	Name	Team	Time	Points
1	105 Elgindi, Jacob	M16 Unattached	20:50.79	
2	47 McKiernan, Gavin	M50 Unattached	21:54.12	
3	22 Araujo, John	M66 Unattached	22:40.81	
4	69 Hilton, James	M60 Unattached	24:20.31	
5	89 Gomez, Nabor	M72 Unattached	25:28.59	
6	19 Parker, Randy	M63 Unattached	25:57.98	
7	122 Rice, Richard	M60 Unattached	27:20.30	
8	75 Bergeron, David	M69 Unattached	28:14.95	
9	130 Elgindi, Ellen	W14 Unattached	28:40.54	
10	30 Terrell, Richard	M70 Unattached	29:11.26	
11	1 Parsel, Dave	M69 Unattached	34:41.25	
12	42 Salas, Rick	M77 Unattached	35:42.75	
13	80 Ytzen, Richard	M67 Unattached	35:56.72	
14	66 Rice, Bob	M89 Unattached	36:34.77	
15	3 King, Chris	M62 Unattached	39:17.04	
16	15 Heller, Jim	M76 Unattached	39:44.75	
17	11 Shunmugavel, Raji	W67 Unattached	41:07.61	
18	14 Soohoo, Kie	M67 Unattached	43:18.34	
19	20 Wetterhahn, Ralph	M82 Unattached	49:29.41	

AGE_GROUP RESULTS

Name	Age	Team	Avg Mile	Finals	Points
19 & Under Results - Women 5000 Run					
1 #130 Elgindi, Ellen		W14 Unattached	9:13.8	28:40.54	
60-69 Results - Women 5000 Run					
1 #11 Shunmugavel, Raji		W67 Unattached	13:14.3	41:07.61	
19 & Under Results - Men 5000 Run					
1 #105 Elgindi, Jacob		M16 Unattached	6:42.6	20:50.79	
50-59 Results - Men 5000 Run					
1 #47 McKiernan, Gavin		M50 Unattached	7:03.0	21:54.12	
60-69 Results - Men 5000 Run					
1 #22 Araujo, John		M66 Unattached	7:18.0	22:40.81	
2 #69 Hilton, James		M60 Unattached	7:50.1	24:20.31	
3 #19 Parker, Randy		M63 Unattached	8:21.5	25:57.98	
4 #122 Rice, Richard		M60 Unattached	8:48.0	27:20.30	
5 #75 Bergeron, David		M69 Unattached	9:05.6	28:14.95	
6 #1 Parsel, Dave		M69 Unattached	11:09.9	34:41.25	
7 #80 Ytzen, Richard		M67 Unattached	11:34.2	35:56.72	
8 #3 King, Chris		M62 Unattached	12:38.7	39:17.04	
9 #14 Soohoo, Kie		M67 Unattached	13:56.4	43:18.34	
70-79 Results - Men 5000 Run					
1 #89 Gomez, Nabor		M72 Unattached	8:12.0	25:28.59	
2 #30 Terrell, Richard		M70 Unattached	9:23.7	29:11.26	
3 #42 Salas, Rick		M77 Unattached	11:29.7	35:42.75	
4 #15 Heller, Jim		M76 Unattached	12:47.6	39:44.75	

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Rankings

80+ Results - Men 5000 Run

1	#66 Rice, Bob	M89	Unattached	11:46.5	36:34.77
2	#20 Wetterhahn, Ralph	M82	Unattached	15:55.8	49:29.41