Nelson Slagle Memorial Boeing Lunchtime 5K October #452 - 10/9/2023
www.socaltiming.com
Seal Beach Plant
Rankings

Mixed 5k Run RR

	Comp#	Name		Team	Time	Points
1	96	Acker, Robert	M25	Unattached	20:22.56	
2	69	Hilton, James	M59	Unattached	21:09.68	
3	47	McKiernan, Gavin	M49	Unattached	21:40.52	
4	22	Araujo, John	M65	Unattached	23:51.32	
5	19	Parker, Randy	M62	Unattached	24:37.76	
6	95	Kho, Daniel	M42	Unattached	24:40.43	
7	121	Delgado, Javier	M47	Unattached	25:01.44	
8	89	Gomez, Nabor	M71	Unattached	25:18.48	
9	75	Bergeron, David	M68	Unattached	26:21.01	
10	64	Sohaskey, Laura	W65	Unattached	27:37.00	
11	2	Rahl, Emmett	M52	Unattached	27:47.72	
12	18	Kern, Kathy	W59	Unattached	28:56.27	
13	84	Chang, Dennis	M71	Unattached	30:00.60	
14	7	Scianni, Jim	M72	Unattached	30:48.45	
15	86	Deprez, Johan	M65	Unattached	31:18.37	
16	1	Parsel, Dave	M68	Unattached	33:30.88	
17	15	Heller, Jim	M76	Unattached	34:40.76	
18	42	Salas, Rick	M76	Unattached	36:54.13	
19	66	Rice, Bob	M88	Unattached	37:27.54	
20	122	Rice, Richard	M59	Unattached	37:43.58	
21	11	Shunmugavel, Raji	W66	Unattached	40:54.16	
22	14	Soohoo, Kie	M67	Unattached	43:35.37	
23	20	Wetterhahn, Ralph	M81	Unattached	44:52.82	
24	59	Kuntz, David	M71	Unattached	47:17.12	

AGE GROUP RESULTS

Name	Age Team	Avg Mile	Finals	Points

50-59 Results - Women 5000 Run
1 #18 Kern, Kathy	W59 Unattached	9:18.9	28:56.27	

60-69 Results - Women 5000 Run
1 #64 Sohaskey, Laura	W65 Unattached	8:53.4	27:37.00	
2 #11 Shunmugavel, Raji	W66 Unattached	13:10.0	40:54.16	

20-29 Results - Men 5000 Run
1 #96 Acker, Robert	M25 Unattached	6:33.5	20:22.56	

40-49 Results - Men 5000 Run
1 #47 McKiernan, Gavin	M49 Unattached	6:58.6	21:40.52	
2 #95 Kho, Daniel	M42 Unattached	7:56.5	24:40.43	
3 #121 Delgado, Javier	M47 Unattached	8:03.3	25:01.44	

50-59 Results - Men 5000 Run
1 #69 Hilton, James	M59 Unattached	6:48.7	21:09.68	
2 #2 Rahl, Emmett	M52 Unattached	8:56.8	27:47.72	
3 #122 Rice, Richard	M59 Unattached	12:08.6	37:28.58	

60-69 Results - Men 5000 Run
1 #22 Araujo, John	M65 Unattached	7:40.7	23:51.32	
2 #19 Parker, Randy	M62 Unattached	7:55.7	24:37.76	
3 #75 Bergeron, David	M68 Unattached	8:28.9	26:21.01	
4 #86 Deprez, Johan	M65 Unattached	10:04.6	31:18.37	

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5   #1  Parsel, Dave        M68 Unattached              10:47.3   33:30.88
6   #14 Soohoo, Kie         M67 Unattached              14:01.8   43:35.37
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70-79 Results - Men 5000 Run

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1   #89 Gomez, Nabor        M71 Unattached               8:08.8   25:18.48
2   #84 Chang, Dennis       M71 Unattached               9:39.6   30:00.60
3    #7 Scianni, Jim        M72 Unattached               9:55.0   30:48.45
4   #15 Heller, Jim         M76 Unattached              11:09.8   34:40.76
5   #42 Salas, Rick         M76 Unattached              11:52.7   36:54.13
6   #59 Kuntz, David        M71 Unattached              15:13.2   47:17.12
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80+ Results - Men 5000 Run

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1   #66 Rice, Bob           M88 Unattached              12:03.5   37:27.54
2   #20 Wetterhahn, Ralph   M81 Unattached              14:26.8   44:52.82
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