

JAN Boeing Lunch Hour 5K - 1/11/2021

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Seal Beach Plant

Rankings**Mixed 5k Run RR**

| Comp# | Name | Team | Time | Points |
|-------|-----------------------------|-----------------------|-----------------|----------------|
| 1 | 65 Bugalih, Tony | M53 Unattached | 20:50.54 | |
| 2 | 47 McKiernan, Gavin | M46 Unattached | 21:52.19 | |
| 3 | 22 Araujo, John | M62 Unattached | 23:39.01 | Virtual |
| 4 | 63 Sohaskey, Chuck | M58 Unattached | 24:49.61 | |
| 5 | 1 Parsel, Dave | M65 Unattached | 25:17.97 | |
| 6 | 5 Hickok, Tim | M55 Unattached | 25:42.73 | |
| 7 | 2 Rahl, Emmett | M49 Unattached | 26:37.86 | |
| 8 | 64 Sohaskey, Laura | W62 Unattached | 27:11.90 | |
| 9 | 61 Mills, Steven | M71 Unattached | 28:15.95 | |
| 10 | 6 Woodruff, Jason | M43 Unattached | 29:11.12 | |
| 11 | 7 Scianni, Jim | M69 Unattached | 29:43.32 | |
| 12 | 59 Kuntz, David | M68 Unattached | 29:58.63 | |
| 13 | 58 Calkins, Mark | M58 Unattached | 31:50.00 | Virtual |
| 14 | 14 Soohoo, Kie | M64 Unattached | 32:00.28 | |
| 15 | 15 Heller, Jim | M73 Unattached | 32:59.90 | |
| 16 | 3 King, Chris | M59 Unattached | 33:43.40 | |
| 17 | 11 Shunmugavel, Raji | W64 Unattached | 55:00.00 | Virtual |

AGE GROUP RESULTS

| Name | Age | Team | Avg Mile | Finals | Points |
|---------------------------------------|-----|------------|----------|----------|--------|
| 60-69 Results - Women 5000 Run | | | | | |
| 1 #64 Sohaskey, Laura | W62 | Unattached | 8:45.3 | 27:11.90 | |
| 2 #11 Shunmugavel, Raji | W64 | Unattached | 17:42.2 | 55:00.00 | |
| 40-49 Results - Men 5000 Run | | | | | |
| 1 #47 McKiernan, Gavin | M46 | Unattached | 7:02.4 | 21:52.19 | |
| 2 #2 Rahl, Emmett | M49 | Unattached | 8:34.3 | 26:37.86 | |
| 3 #6 Woodruff, Jason | M43 | Unattached | 9:23.7 | 29:11.12 | |
| 50-59 Results - Men 5000 Run | | | | | |
| 1 #65 Bugalih, Tony | M53 | Unattached | 6:42.5 | 20:50.54 | |
| 2 #63 Sohaskey, Chuck | M58 | Unattached | 7:59.5 | 24:49.61 | |
| 3 #5 Hickok, Tim | M55 | Unattached | 8:16.6 | 25:42.73 | |
| 4 #58 Calkins, Mark | M58 | Unattached | 10:14.8 | 31:50.00 | |
| 5 #3 King, Chris | M59 | Unattached | 10:51.3 | 33:43.40 | |
| 60-69 Results - Men 5000 Run | | | | | |
| 1 #22 Araujo, John | M62 | Unattached | 7:36.8 | 23:39.01 | |
| 2 #1 Parsel, Dave | M65 | Unattached | 8:08.6 | 25:17.97 | |
| 3 #7 Scianni, Jim | M69 | Unattached | 9:34.0 | 29:43.32 | |
| 4 #59 Kuntz, David | M68 | Unattached | 9:39.0 | 29:58.63 | |
| 5 #14 Soohoo, Kie | M64 | Unattached | 10:18.1 | 32:00.28 | |
| 70-79 Results - Men 5000 Run | | | | | |
| 1 #61 Mills, Steven | M71 | Unattached | 9:05.9 | 28:15.95 | |
| 2 #15 Heller, Jim | M73 | Unattached | 10:37.3 | 32:59.90 | |