

Nelson Slagle Memorial Boeing Lunchtime 5K May 12, 2025 #471 - 5/12/2025**www.socaltiming.com****Seal Beach Plant****Rankings****Mixed 5k Run RR**

Comp#	Name	Team	Time	Points
1	65 Bugarin, Tony	M58 Unattached	22:02.07	
2	22 Araujo, John	M67 Unattached	23:14.63	
3	69 Hilton, James	M61 Unattached	23:45.18	
4	31 Law, Nina	W63 Unattached	24:16.36	
5	89 Gomez, Nabor	M72 Unattached	24:41.32	
6	92 McIntyre, Tim	M64 Unattached	25:24.42	
7	19 Parker, Randy	M63 Unattached	25:56.20	
8	95 Kho, Daniel	M44 Unattached	26:20.85	
9	99 Scianni, Chris	M46 Unattached	26:45.74	
10	64 Sohaskey, Laura	W66 Unattached	27:38.45	
11	75 Bergeron, David	M70 Unattached	28:02.54	
12	2 Rahl, Emmett	M54 Unattached	29:35.59	
13	30 Terrell, Richard	M71 Unattached	29:48.04	
14	34 Louie, Michael	M64 Unattached	33:24.39	
15	42 Salas, Rick	M77 Unattached	38:29.03	
16	14 Soohoo, Kie	M68 Unattached	39:07.95	
17	15 Heller, Jim	M77 Unattached	41:29.13	
18	7 Scianni, Jim	M74 Unattached	42:49.36	
19	1 Parsel, Dave	M70 Unattached	42:55.73	
20	11 Shunmugavel, Raji	W68 Unattached	46:00.00	
21	59 Kuntz, David	M73 Unattached	56:27.12	

AGE GROUP RESULTS

Name	Age Team	Avg Mile	Finals	Points
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60-69 Results - Women 5000 Run

1	#31 Law, Nina	W63 Unattached	7:48.8	24:16.36
2	#64 Sohaskey, Laura	W66 Unattached	8:53.8	27:38.45
3	#11 Shunmugavel, Raji	W68 Unattached	14:48.4	46:00.00

40-49 Results - Men 5000 Run

1	#95 Kho, Daniel	M44 Unattached	8:28.9	26:20.85
2	#99 Scianni, Chris	M46 Unattached	8:36.9	26:45.74

50-59 Results - Men 5000 Run

1	#65 Bugarin, Tony	M58 Unattached	7:05.6	22:02.07
2	#2 Rahl, Emmett	M54 Unattached	9:31.5	29:35.59

60-69 Results - Men 5000 Run

1	#22 Araujo, John	M67 Unattached	7:28.9	23:14.63
2	#69 Hilton, James	M61 Unattached	7:38.8	23:45.18
3	#92 McIntyre, Tim	M64 Unattached	8:10.7	25:24.42

4	#19 Parker, Randy	M63 Unattached	8:20.9	25:56.20
5	#34 Louie, Michael	M64 Unattached	10:45.2	33:24.39
6	#14 Soohoo, Kie	M68 Unattached	12:35.8	39:07.95

70-79 Results - Men 5000 Run

1	#89 Gomez, Nabor	M72 Unattached	7:56.8	24:41.32
2	#75 Bergeron, David	M70 Unattached	9:01.6	28:02.54
3	#30 Terrell, Richard	M71 Unattached	9:35.6	29:48.04
4	#42 Salas, Rick	M77 Unattached	12:23.2	38:29.03
5	#15 Heller, Jim	M77 Unattached	13:21.2	41:29.13
6	#7 Scianni, Jim	M74 Unattached	13:47.0	42:49.36
7	#1 Parsel, Dave	M70 Unattached	13:49.1	42:55.73
8	#59 Kuntz, David	M73 Unattached	18:10.2	56:27.12