

September Boeing Lunch Hour 5K - 9/13/2021

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Seal Beach Plant**Rankings****Mixed 5k Run RR**

Comp#	Name	Team	Time	Points
1	47 McKiernan, Gavin	M46 Unattached	21:49.69	
2	22 Araujo, John	M63 Unattached	24:25.15	
3	75 Bergeron, David	M66 Unattached	26:34.79	
4	19 Parker, Randy	M59 Unattached	26:35.14	
5	30 Terrell, Richard	M67 Unattached	27:10.52	
6	2 Rahl, Emmett	M50 Unattached	28:13.36	
7	1 Parsel, Dave	M66 Unattached	28:42.04	
8	15 Heller, Jim	M73 Unattached	28:55.78	
9	7 Scianni, Jim	M70 Unattached	28:59.97	
10	59 Kuntz, David	M69 Unattached	29:23.71	
11	78 Stephens, Alex	M75 Unattached	30:22.58	
12	14 Soohoo, Kie	M64 Unattached	32:24.21	
13	77 Browne, Paul	M83 Unattached	43:39.06	
14	66 Rice, Bob	M86 Unattached	43:39.38	
15	11 Shunmugavel, Raji	W64 Unattached	48:53.23	

Event 1 AGE GROUP RESULTS 5k Run RR

Name	Age	Team	Avg Mile	Finals	Points
60-69 Results - Women 5000 Run					
1 #11 Shunmugavel, Raji		W64 Unattached	15:44.2	48:53.23	
40-49 Results - Men 5000 Run					
1 #47 McKiernan, Gavin		M46 Unattached	7:01.6	21:49.69	
50-59 Results - Men 5000 Run					
1 #19 Parker, Randy		M59 Unattached	8:33.5	26:35.14	
2 #2 Rahl, Emmett		M50 Unattached	9:05.1	28:13.36	
60-69 Results - Men 5000 Run					
1 #22 Araujo, John		M63 Unattached	7:51.6	24:25.15	
2 #75 Bergeron, David		M66 Unattached	8:33.4	26:34.79	
3 #30 Terrell, Richard		M67 Unattached	8:44.9	27:10.52	
4 #1 Parsel, Dave		M66 Unattached	9:14.3	28:42.04	
5 #59 Kuntz, David		M69 Unattached	9:27.7	29:23.71	
6 #14 Soohoo, Kie		M64 Unattached	10:25.8	32:24.21	
70-79 Results - Men 5000 Run					
1 #15 Heller, Jim		M73 Unattached	9:18.7	28:55.78	
2 #7 Scianni, Jim		M70 Unattached	9:20.1	28:59.97	
3 #78 Stephens, Alex		M75 Unattached	9:46.7	30:22.58	
80+ Results - Men 5000 Run					
1 #77 Browne, Paul		M83 Unattached	14:03.0	43:39.06	
2 #66 Rice, Bob		M86 Unattached	14:03.1	43:39.38	