

Nelson Slagle Memorial Boeing Lunchtime 5K December 8 2025 #478 - 12/8/2025**www.socaltiming.com****Seal Beach Plant****Rankings****Mixed 5k Run RR**

Comp#	Name	School	Time	Points
1	47 McKiernan, Gavin	M51 Unattached	21:32.58	
2	22 Araujo, John	M67 Unattached	22:58.51	
3	31 Law, Nina	W63 Unattached	25:39.32	
4	146 Cheung, Audrena	W51 Unattached	26:42.23	
5	92 McIntyre, Tim	M65 Unattached	27:03.75	
6	2 Rahl, Emmett	M54 Unattached	28:16.56	
7	30 Terrell, Richard	M71 Unattached	29:12.48	
8	75 Bergeron, David	M70 Unattached	30:11.00	
9	86 Deprez, Johan	M67 Unattached	31:59.51	
10	145 Cruz, Ty	M30 Unattached	32:00.15	
11	81 Ytzen, Kyra	W66 Unattached	35:23.30	
12	42 Salas, Rick	M78 Unattached	36:03.71	
13	15 Heller, Jim	M78 Unattached	38:49.08	
14	14 Soohoo, Kie	M69 Unattached	39:11.69	
15	7 Scianni, Jim	M74 Unattached	39:41.07	
16	80 Ytzen, Richard	M68 Unattached	39:50.44	
17	66 Rice, Bob	M90 Unattached	44:13.37	
18	122 Rice, Richard	M61 Unattached	44:15.48	
19	11 Shunmugavel, Raji	W69 Unattached	45:20.12	
20	64 Sohaskey, Laura	W67 Unattached	46:01.04	
21	69 Hilton, James	M61 Unattached	46:01.58	
22	19 Parker, Randy	M64 Unattached	46:02.24	
23	1 Parsel, Dave	M70 Unattached	48:47.43	

AGE GROUP RESULTS

Name	Age	School	Avg Mile	Finals	Points
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50-59 Results - Women 5000 Run

1	#146 Cheung, Audrena	W51 Unattached	8:35.7	26:42.23	
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60-69 Results - Women 5000 Run

1	#31 Law, Nina	W63 Unattached	8:15.5	25:39.32	
2	#81 Ytzen, Kyra	W66 Unattached	11:23.5	35:23.30	
3	#11 Shunmugavel, Raji	W69 Unattached	14:35.6	45:20.12	
4	#64 Sohaskey, Laura	W67 Unattached	14:48.7	46:01.04	

30-39 Results - Men 5000 Run

1	#145 Cruz, Ty	M30 Unattached	10:18.1	32:00.15	
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50-59 Results - Men 5000 Run

1	#47 McKiernan, Gavin	M51 Unattached	6:56.1	21:32.58	
2	#2 Rahl, Emmett	M54 Unattached	9:06.1	28:16.56	

60-69 Results - Men 5000 Run

1	#22 Araujo, John	M67 Unattached	7:23.7	22:58.51	
2	#92 McIntyre, Tim	M65 Unattached	8:42.7	27:03.75	
3	#86 Deprez, Johan	M67 Unattached	10:17.9	31:59.51	
4	#14 Soohoo, Kie	M69 Unattached	12:37.0	39:11.69	
5	#80 Ytzen, Richard	M68 Unattached	12:49.4	39:50.44	
6	#122 Rice, Richard	M61 Unattached	14:14.8	44:15.48	
7	#69 Hilton, James	M61 Unattached	14:48.9	46:01.58	
8	#19 Parker, Randy	M64 Unattached	14:49.1	46:02.24	

Nelson Slagle Memorial Boeing Lunchtime 5K December 8 2025 #478 - 12/8/2025**www.socaltiming.com****Seal Beach Plant****Rankings****70-79 Results - Men 5000 Run**

1	#30 Terrell, Richard	M71 Unattached	9:24.1	29:12.48
2	#75 Bergeron, David	M70 Unattached	9:42.9	30:11.00
3	#42 Salas, Rick	M78 Unattached	11:36.5	36:03.71
4	#15 Heller, Jim	M78 Unattached	12:29.7	38:49.08
5	#7 Scianni, Jim	M74 Unattached	12:46.4	39:41.07
6	#1 Parsel, Dave	M70 Unattached	15:42.3	48:47.43

90+ Results - Men 5000 Run

1	#66 Rice, Bob	M90 Unattached	14:14.1	44:13.37
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