

**Nelson Slagle Memorial Boeing Luchtime 5K March #457 - 3/11/2024**

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**Seal Beach Plant****Rankings****Mixed 5k Run RR**

Comp#	Name	Team	Time	Points
1	69 Hilton, James	M60 Unattached	21:39.09	
2	22 Araujo, John	M66 Unattached	22:58.66	
3	31 Law, Nina	W61 Unattached	24:07.00	
4	89 Gomez, Nabor	M71 Unattached	24:56.84	
5	19 Parker, Randy	M62 Unattached	26:19.39	
6	64 Sohaskey, Laura	W65 Unattached	26:36.61	
7	122 Rice, Richard	M60 Unattached	27:21.01	
8	30 Terrell, Richard	M70 Unattached	29:24.28	
9	86 Deprez, Johan	M66 Unattached	30:42.91	
10	7 Scianni, Jim	M73 Unattached	31:44.17	
11	42 Salas, Rick	M76 Unattached	35:29.56	
12	66 Rice, Bob	M89 Unattached	35:32.81	
13	1 Parsel, Dave	M68 Unattached	37:53.08	
14	15 Heller, Jim	M76 Unattached	37:58.65	
15	126 Rupley, Kate	W59 Unattached	38:19.00	
16	59 Kuntz, David	M72 Unattached	42:40.50	
17	20 Wetterhahn, Ralph	M81 Unattached	44:10.20	

**AGE GROUP**

Name	Age	Team	Avg Mile	Finals	Points
<b>50-59 Results - Women 5000 Run</b>					
1 #126 Rupley, Kate	W59	Unattached	12:20.0	38:19.00	
<b>60-69 Results - Women 5000 Run</b>					
1 #31 Law, Nina	W61	Unattached	7:45.8	24:07.00	
2 #64 Sohaskey, Laura	W65	Unattached	8:33.9	26:36.61	
<b>60-69 Results - Men 5000 Run</b>					
1 #69 Hilton, James	M60	Unattached	6:58.2	21:39.09	
2 #22 Araujo, John	M66	Unattached	7:23.8	22:58.66	
3 #19 Parker, Randy	M62	Unattached	8:28.4	26:19.39	
4 #122 Rice, Richard	M60	Unattached	8:48.2	27:21.01	
5 #86 Deprez, Johan	M66	Unattached	9:53.2	30:42.91	
6 #1 Parsel, Dave	M68	Unattached	12:11.7	37:53.08	
<b>70-79 Results - Men 5000 Run</b>					
1 #89 Gomez, Nabor	M71	Unattached	8:01.8	24:56.84	
2 #30 Terrell, Richard	M70	Unattached	9:27.9	29:24.28	
3 #7 Scianni, Jim	M73	Unattached	10:12.9	31:44.17	
4 #42 Salas, Rick	M76	Unattached	11:25.5	35:29.56	
5 #15 Heller, Jim	M76	Unattached	12:13.5	37:58.65	
6 #59 Kuntz, David	M72	Unattached	13:44.2	42:40.50	
<b>80+ Results - Men 5000 Run</b>					
1 #66 Rice, Bob	M89	Unattached	11:26.5	35:32.81	
2 #20 Wetterhahn, Ralph	M81	Unattached	14:13.1	44:10.20	