Nelson Slagle Memorial Boeing Lunchtime 5K January #455 - 1/8/2024
www.socaltiming.com
Seal Beach Plant
Rankings

Mixed 5k Run RR

	Comp#	Name		Team	Time	Points
1	65	Bugarin, Tony	M56	Unattached	22:31.89	
2	31	Law, Nina	W61	Unattached	24:07.03	
3	63	Sohaskey, Chuck	M61	Unattached	24:21.22	
4	99	Scianni, Chris	M44	Unattached	25:54.26	
5	19	Parker, Randy	M62	Unattached	26:27.89	
6	64	Sohaskey, Laura	W65	Unattached	26:30.97	
7	122	Rice, Richard	M59	Unattached	28:01.46	
8	124	Walker, Anna	W31	Unattached	28:30.28	
9	30	Terrell, Richard	M69	Unattached	30:30.86	
10	86	Deprez, Johan	M65	Unattached	32:05.84	
11	81	Ytzen, Kyra	W64	Unattached	33:05.42	
12	22	Araujo, John	M65	Unattached	33:48.44	
13	7	Scianni, Jim	M72	Unattached	34:29.40	
14	80	Ytzen, Richard	M66	Unattached	35:23.27	
15	1	Parsel, Dave	M68	Unattached	36:19.33	
16	66	Rice, Bob	M89	Unattached	36:48.20	
17	68	Barringer, Hiroko	W55	Unattached	36:48.57	
18	15	Heller, Jim	M76	Unattached	37:41.57	
19	20	Wetterhahn, Ralph	M81	Unattached	43:06.32	
20	11	Shunmugavel, Raji	W67	Unattached	44:23.33	
21	2	Rahl, Emmett	M52	Unattached	44:58.47	

AGE GROUP RESULTS

Name	Age	Team	Avg Mile	Finals	Points

30-39 Results - Women 5000 Run
1 #124 Walker, Anna	W31	Unattached	9:10.5	28:30.28	

50-59 Results - Women 5000 Run
1 #68 Barringer, Hiroko	W55	Unattached	11:50.9	36:48.57	

60-69 Results - Women 5000 Run
1 #31 Law, Nina	W61	Unattached	7:45.8	24:07.03	
2 #64 Sohaskey, Laura	W65	Unattached	8:32.1	26:30.97	
3 #81 Ytzen, Kyra	W64	Unattached	10:39.1	33:05.42	
4 #11 Shunmugavel, Raji	W67	Unattached	14:17.3	44:23.33	

40-49 Results - Men 5000 Run
1 #99 Scianni, Chris	M44	Unattached	8:20.3	25:54.26	

50-59 Results - Men 5000 Run
1 #65 Bugarin, Tony	M56	Unattached	7:15.2	22:31.89	
2 #122 Rice, Richard	M59	Unattached	9:01.2	28:01.46	
3 #2 Rahl, Emmett	M52	Unattached	14:28.6	44:58.47	

60-69 Results - Men 5000 Run
1 #63 Sohaskey, Chuck	M61	Unattached	7:50.4	24:21.22	
2 #19 Parker, Randy	M62	Unattached	8:31.1	26:27.89	
3 #30 Terrell, Richard	M69	Unattached	9:49.3	30:30.86	
4 #86 Deprez, Johan	M65	Unattached	10:19.9	32:05.84	
5 #22 Araujo, John	M65	Unattached	10:52.9	33:48.44	
6 #80 Ytzen, Richard	M66	Unattached	11:23.5	35:23.27	
7 #1 Parsel, Dave	M68	Unattached	11:41.5	36:19.33	

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70-79 Results - Men 5000 Run

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1   #7 Scianni, Jim         M72 Unattached              11:06.1   34:29.40
2  #15 Heller, Jim          M76 Unattached              12:08.0   37:41.57
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80+ Results - Men 5000 Run

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1  #66 Rice, Bob            M89 Unattached              11:50.8   36:48.20
2  #20 Wetterhahn, Ralph    M81 Unattached              13:52.5   43:06.32
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