

Nelson Slagle Memorial Boeing Luchtime 5K Novmeber #453 - 11/13/2023

www.socaltiming.com

Seal Beach Plant**Rankings****Mixed 5k Run RR**

Comp#	Name	Team	Time	Points
1	65 Bugarin, Tony	M56 Unattached	21:31.70	
2	47 McKiernan, Gavin	M49 Unattached	21:55.13	
3	22 Araujo, John	M65 Unattached	22:48.48	
4	21 Tan, Ian	M45 Unattached	24:28.21	
5	19 Parker, Randy	M62 Unattached	25:39.45	
6	75 Bergeron, David	M68 Unattached	25:59.59	
7	99 Scianni, Chris	M44 Unattached	26:15.02	
8	64 Sohaskey, Laura	W65 Unattached	26:53.63	
9	122 Rice, Richard	M59 Unattached	27:27.72	
10	2 Rahl, Emmett	M52 Unattached	27:40.29	
11	95 Kho, Daniel	M42 Unattached	27:57.68	
12	96 Acker, Robert	M25 Unattached	27:59.21	
13	123 Lopez, Carlos	M24 Unattached	28:01.17	
14	84 Chang, Dennis	M71 Unattached	28:24.77	
15	86 Deprez, Johan	M65 Unattached	29:38.37	
16	1 Parsel, Dave	M68 Unattached	32:30.61	
17	15 Heller, Jim	M76 Unattached	32:43.42	
18	7 Scianni, Jim	M72 Unattached	33:20.73	
19	66 Rice, Bob	M88 Unattached	38:55.44	
20	42 Salas, Rick	M76 Unattached	39:15.89	
21	11 Shunmugavel, Raji	W67 Unattached	40:41.35	
22	14 Soohoo, Kie	M67 Unattached	42:03.55	

AGE GROUPS RESULTS

Name	Age	Team	Avg Mile	Finals	Points
60-69 Results - Women 5000 Run					
1	#64	Sohaskey, Laura	W65 Unattached	8:39.4	26:53.63
2	#11	Shunmugavel, Raji	W67 Unattached	13:05.8	40:41.35
20-29 Results - Men 5000 Run					
1	#96	Acker, Robert	M25 Unattached	9:00.5	27:59.21
2	#123	Lopez, Carlos	M24 Unattached	9:01.2	28:01.17
40-49 Results - Men 5000 Run					
1	#47	McKiernan, Gavin	M49 Unattached	7:03.3	21:55.13
2	#21	Tan, Ian	M45 Unattached	7:52.6	24:28.21
3	#99	Scianni, Chris	M44 Unattached	8:27.0	26:15.02
4	#95	Kho, Daniel	M42 Unattached	9:00.0	27:57.68
50-59 Results - Men 5000 Run					
1	#65	Bugarin, Tony	M56 Unattached	6:55.8	21:31.70
2	#122	Rice, Richard	M59 Unattached	8:50.4	27:27.72
3	#2	Rahl, Emmett	M52 Unattached	8:54.4	27:40.29
60-69 Results - Men 5000 Run					
1	#22	Araujo, John	M65 Unattached	7:20.5	22:48.48
2	#19	Parker, Randy	M62 Unattached	8:15.5	25:39.45
3	#75	Bergeron, David	M68 Unattached	8:22.0	25:59.59
4	#86	Deprez, Johan	M65 Unattached	9:32.4	29:38.37
5	#1	Parsel, Dave	M68 Unattached	10:27.9	32:30.61
6	#14	Soohoo, Kie	M67 Unattached	13:32.3	42:03.55

Nelson Slagle Memorial Boeing Luchtime 5K Novmeber #453 - 11/13/2023**www.socaltiming.com****Seal Beach Plant****Rankings****70-79 Results - Men 5000 Run**

1	#84 Chang, Dennis	M71 Unattached	9:08.8	28:24.77
2	#15 Heller, Jim	M76 Unattached	10:32.0	32:43.42
3	#7 Scianni, Jim	M72 Unattached	10:44.0	33:20.73
4	#42 Salas, Rick	M76 Unattached	12:38.3	39:15.89

80+ Results - Men 5000 Run

1	#66 Rice, Bob	M88 Unattached	12:31.7	38:55.44
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