

Nelson Slagle Memorial Boeing Lunchtime 5K April 13, 2026 #482 - 4/13/2026

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Seal Beach Plant**Rankings****Mixed 5k Run RR**

Comp#	Name	School	Time	Points
1	69 Hilton, James	M62 Unattached	24:33.90	
2	19 Parker, Randy	M64 Unattached	25:49.28	
3	92 McIntyre, Tim	M65 Unattached	25:53.25	
4	64 Sohaskey, Laura	W67 Unattached	28:40.34	
5	30 Terrell, Richard	M72 Unattached	29:06.72	
6	84 Chang, Dennis	M73 Unattached	35:14.63	
7	14 Soohoo, Kie	M69 Unattached	35:26.35	
8	42 Salas, Rick	M78 Unattached	35:37.24	
9	7 Scianni, Jim	M75 Unattached	36:50.20	
10	15 Heller, Jim	M78 Unattached	38:27.47	
11	80 Ytzen, Richard	M68 Unattached	39:32.00	
12	11 Shunmugavel, Raji	W69 Unattached	44:20.59	
13	81 Ytzen, Kyra	W66 Unattached	45:36.12	
14	66 Rice, Bob	M91 Unattached	49:13.85	
15	75 Bergeron, David	M71 Unattached	49:14.30	
16	1 Parsel, Dave	M71 Unattached	58:05.63	

AGE GROUP RESULTS

Name	Age	School	Avg Mile	Finals	Points
60-69 Results - Women 5000 Run					
1	#64	Sohaskey, Laura	W67 Unattached	9:13.8	28:40.34
2	#11	Shunmugavel, Raji	W69 Unattached	14:16.4	44:20.59
3	#81	Ytzen, Kyra	W66 Unattached	14:40.7	45:36.12
60-69 Results - Men 5000 Run					
1	#69	Hilton, James	M62 Unattached	7:54.4	24:33.90
2	#19	Parker, Randy	M64 Unattached	8:18.7	25:49.28
3	#92	McIntyre, Tim	M65 Unattached	8:20.0	25:53.25
4	#14	Soohoo, Kie	M69 Unattached	11:24.4	35:26.35
5	#80	Ytzen, Richard	M68 Unattached	12:43.5	39:32.00
70-79 Results - Men 5000 Run					
1	#30	Terrell, Richard	M72 Unattached	9:22.3	29:06.72
2	#84	Chang, Dennis	M73 Unattached	11:20.7	35:14.63
3	#42	Salas, Rick	M78 Unattached	11:28.0	35:37.24
4	#7	Scianni, Jim	M75 Unattached	11:51.4	36:50.20
5	#15	Heller, Jim	M78 Unattached	12:22.7	38:27.47
6	#75	Bergeron, David	M71 Unattached	15:50.9	49:14.30
7	#1	Parsel, Dave	M71 Unattached	18:42.0	58:05.63
90+ Results - Men 5000 Run					
1	#66	Rice, Bob	M91 Unattached	15:50.8	49:13.85