

THE MILE @ MESA

INVITE ONLY

Costa Mesa Track and Field invites you to come and test yourself at the legendary mile. We have partnered with SoCal Timing, OC Grit, and Santa Ana Lightning for a fun track event that will give you a rare opportunity to run the Mile and not be the side show of a long track meet.

DATE: Saturday February 15, 2025

LOCATION: Costa Mesa High School (2650 Fairview Rd, Costa Mesa, CA 92626)

MEET DIRECTORS:

- Costa Mesa High Track Coach – Steve Moreno (714) 349-2743
- So Cal Timing – Dave Fier (949) 991-7678

COSTS:

- **ATHLETE:** \$10
- **SPECTATOR:** \$1
- **PARKING:** Free

STARTING TIMES:

7:30 AM – Gates Opens

8:30 AM – Coaches Meeting (Center of the Field)

8:35AM – First Call: Girls 8 & under

8:50AM – Last Call – First Running Event

9:00AM – FIRST RACE



ORDER of EVENTS: (girls then boys): 8U, 9/10, 11/12, 13/14, 15/16, 17/18, 19-39, 40+

ENTRY FEE and PROCESS:

- Entry Fees: \$10.00 per individual
- Entry fees are non-refundable and must be paid before entry to the stadium.
- Registration Opens: January 15, 2025
- Registration Closes: February 11, 2025, at 9:00 PM
- Late Registration will **NOT** be accepted. **NO** on-site Registration.
- Cash or Checks written out to **CMHSSB-XC/TF**

SEEDING: All events will be seeded based on seed times and marks submitted through Athletic.net PLEASE ENTER A REAL SEED TIME FOR EVERY ATHLETE.

ATHLETES per HEAT: MILE -15, Waterfall *could change depending on the number of participants

BIB PACKET PICKUP: 7:30 AM at the entrance to the Stadium.

LIVE MEET RESULTS: WWW.SOCALTIMING.COM Final results will be posted online at Athletic.net and ca.milesplit.com following the meet.

CHECK-IN: All participants must check in at the Clerk of the Course when their events are called. Event check-in will close 10 minutes after the 3rd and Final call – no exceptions.

AWARDS: Medals for those finishing 1st – 8th Per Age Group.

TEAM CHAMPIONS: One overall Boys and Girls Team Champion will be crowned.

STADIUM INSTRUCTIONS: Bleacher seating will be available. Tents and large umbrellas will be restricted to the top of the bleachers. Tents will also be allowed in designated areas around the facility. Please keep all walkways, fencing and entry gate areas clear.

There will be NO SMOKING, VAPING, PETS, CHEWING GUM, SHELLED NUTS OR SEEDS permitted on school grounds. The stadium gates will open at 7:00 AM.

CONCESSION: Breakfast and lunch items will be available for purchase.

Meet will be held rain or shine