

June Boeing Lunch Hour 5K - 6/13/2022

www.socaltiming.com

Seal Beach Plant

Rankings**Mixed 5k Run RR**

Comp#	Name	Team	Time	Points
1	22 Araujo, John	M64 Unattached	21:53.92	
2	19 Parker, Randy	M60 Unattached	23:58.04	
3	31 Law, Nina	W60 Unattached	24:23.79	
4	68 Barringer, Hiroko	W54 Unattached	24:32.70	
5	64 Sohaskey, Laura	W63 Unattached	26:33.99	
6	84 Chang, Dennis	M69 Unattached	27:13.30	
7	15 Heller, Jim	M74 Unattached	28:22.17	
8	30 Terrell, Richard	M68 Unattached	28:35.78	
9	2 Rahl, Emmett	M51 Unattached	29:27.01	
10	7 Scianni, Jim	M71 Unattached	29:38.60	
11	75 Bergeron, David	M67 Unattached	30:22.29	
12	1 Parsel, Dave	M67 Unattached	30:24.32	
13	59 Kuntz, David	M70 Unattached	32:35.63	
14	4 Rusher, Dave	M82 Unattached	34:17.26	
15	66 Rice, Bob	M87 Unattached	35:49.78	
16	14 Soohoo, Kie	M65 Unattached	41:09.88	
17	81 Ytzen, Kyra	W62 Unattached	41:17.56	
18	80 Ytzen, Richard	M65 Unattached	43:25.12	

AGE GROUP RESULTS

Name	Age	Team	Avg Mile	Finals	Points
50-59 Results - Women 5000 Run					
1 #68 Barringer, Hiroko	W54	Unattached	7:54.1	24:32.70	
60-69 Results - Women 5000 Run					
1 #31 Law, Nina	W60	Unattached	7:51.2	24:23.79	
2 #64 Sohaskey, Laura	W63	Unattached	8:33.1	26:33.99	
3 #81 Ytzen, Kyra	W62	Unattached	13:17.5	41:17.56	
50-59 Results - Men 5000 Run					
1 #2 Rahl, Emmett	M51	Unattached	9:28.8	29:27.01	
60-69 Results - Men 5000 Run					
1 #22 Araujo, John	M64	Unattached	7:02.9	21:53.92	
2 #19 Parker, Randy	M60	Unattached	7:42.9	23:58.04	
3 #84 Chang, Dennis	M69	Unattached	8:45.7	27:13.30	
4 #30 Terrell, Richard	M68	Unattached	9:12.3	28:35.78	
5 #75 Bergeron, David	M67	Unattached	9:46.6	30:22.29	
6 #1 Parsel, Dave	M67	Unattached	9:47.2	30:24.32	
7 #14 Soohoo, Kie	M65	Unattached	13:15.0	41:09.88	
8 #80 Ytzen, Richard	M65	Unattached	13:58.5	43:25.12	
70-79 Results - Men 5000 Run					
1 #15 Heller, Jim	M74	Unattached	9:07.9	28:22.17	
2 #7 Scianni, Jim	M71	Unattached	9:32.5	29:38.60	
3 #59 Kuntz, David	M70	Unattached	10:29.5	32:35.63	
80+ Results - Men 5000 Run					
1 #4 Rusher, Dave	M82	Unattached	11:02.2	34:17.26	
2 #66 Rice, Bob	M87	Unattached	11:32.0	35:49.78	