

May Boeing Lunch Hour 5K - 5/10/2021

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Seal Beach Plant

Rankings**Mixed 5k Run RR**

Comp#	Name	Team	Time	Points
1	47 McKiernan, Gavin	M46 Unattached	21:13.00	
2	63 Sohaskey, Chuck	M59 Unattached	23:00.00	
3	22 Araujo, John	M63 Unattached	23:02.00	
4	31 Law, Nina	W59 Unattached	23:47.00	
5	1 Parsel, Dave	M66 Unattached	23:49.00	
6	68 Barringer, Hiroko	W53 Unattached	24:04.00	
7	19 Parker, Randy	M59 Unattached	24:30.00	
8	2 Rahl, Emmett	M50 Unattached	26:04.00	
9	64 Sohaskey, Laura	W62 Unattached	27:18.00	
10	74 Draper, Sandy	W58 Unattached	27:25.00	
11	59 Kuntz, David	M69 Unattached	27:44.00	
12	15 Heller, Jim	M73 Unattached	28:33.00	
13	7 Scianni, Jim	M70 Unattached	31:05.00	
14	14 Soohoo, Kie	M64 Unattached	33:29.00	
15	66 Rice, Bob	M86 Unattached	35:15.00	
16	11 Shunmugavel, Raji	W64 Unattached	48:55.00	

Event AGE GROUP RESULTS

Name	Age	Team	Avg Mile	Finals	Points
50-59 Results - Women 5000 Run					
1 #31 Law, Nina		W59 Unattached	7:39.3	23:47.00	
2 #68 Barringer, Hiroko		W53 Unattached	7:44.8	24:04.00	
3 #74 Draper, Sandy		W58 Unattached	8:49.5	27:25.00	
60-69 Results - Women 5000 Run					
1 #64 Sohaskey, Laura		W62 Unattached	8:47.3	27:18.00	
2 #11 Shunmugavel, Raji		W64 Unattached	15:44.7	48:55.00	
40-49 Results - Men 5000 Run					
1 #47 McKiernan, Gavin		M46 Unattached	6:49.8	21:13.00	
50-59 Results - Men 5000 Run					
1 #63 Sohaskey, Chuck		M59 Unattached	7:24.2	23:00.00	
2 #19 Parker, Randy		M59 Unattached	7:53.2	24:30.00	
3 #2 Rahl, Emmett		M50 Unattached	8:23.4	26:04.00	
60-69 Results - Men 5000 Run					
1 #22 Araujo, John		M63 Unattached	7:24.9	23:02.00	
2 #1 Parsel, Dave		M66 Unattached	7:40.0	23:49.00	
3 #59 Kuntz, David		M69 Unattached	8:55.6	27:44.00	
4 #14 Soohoo, Kie		M64 Unattached	10:46.7	33:29.00	
70-79 Results - Men 5000 Run					
1 #15 Heller, Jim		M73 Unattached	9:11.4	28:33.00	
2 #7 Scianni, Jim		M70 Unattached	10:00.3	31:05.00	
80+ Results - Men 5000 Run					
1 #66 Rice, Bob		M86 Unattached	11:20.8	35:15.00	