Nelson Slagle Memorial Boeing Lunchtime 5K April 2025 #470 - 4/14/2025
www.socaltiming.com
Seal Beach Plant
Rankings

Mixed 5k Run RR

	Comp#	Name		Team	Time	Points
1	69	Hilton, James	M61	Unattached	22:38.74	
2	47	McKiernan, Gavin	M50	Unattached	23:10.08	
3	96	Acker, Robert	M26	Unattached	23:27.52	
4	123	Lopez, Carlos	M25	Unattached	23:53.66	
5	31	Law, Nina	W63	Unattached	23:58.28	
6	19	Parker, Randy	M63	Unattached	26:08.85	
7	64	Sohaskey, Laura	W66	Unattached	27:04.78	
8	75	Bergeron, David	M70	Unattached	27:38.40	
9	122	Rice, Richard	M61	Unattached	28:54.50	
10	30	Terrell, Richard	M71	Unattached	28:56.66	
11	2	Rahl, Emmett	M54	Unattached	31:34.49	
12	5	Hickok, Tim	M59	Unattached	35:33.89	
13	7	Scianni, Jim	M74	Unattached	36:40.48	
14	1	Parsel, Dave	M70	Unattached	37:15.51	
15	66	Rice, Bob	M90	Unattached	38:10.70	
16	42	Salas, Rick	M77	Unattached	39:45.04	
17	11	Shunmugavel, Raji	W68	Unattached	44:00.57	
18	15	Heller, Jim	M77	Unattached	47:40.85	
19	20	Wetterhahn, Ralph	M82	Unattached	49:15.99	
20	59	Kuntz, David	M73	Unattached	59:07.00	

AGE GROUP RESULTS

	Name	Age Team		Avg Mile	Finals	Points

60-69 Results - Women 5000 Run

	Name	Age Team		Avg Mile	Finals
1	#31 Law, Nina	W63	Unattached	7:43.0	23:58.28
2	#64 Sohaskey, Laura	W66	Unattached	8:43.0	27:04.78
3	#11 Shunmugavel, Raji	W68	Unattached	14:10.0	44:00.57

20-29 Results - Men 5000 Run

	Name	Age Team		Avg Mile	Finals
1	#96 Acker, Robert	M26	Unattached	7:33.1	23:27.52
2	#123 Lopez, Carlos	M25	Unattached	7:41.5	23:53.66

50-59 Results - Men 5000 Run

	Name	Age Team		Avg Mile	Finals
1	#47 McKiernan, Gavin	M50	Unattached	7:27.5	23:10.08
2	#2 Rahl, Emmett	M54	Unattached	10:09.8	31:34.49
3	#5 Hickok, Tim	M59	Unattached	11:26.9	35:33.89

60-69 Results - Men 5000 Run

	Name	Age Team		Avg Mile	Finals
1	#69 Hilton, James	M61	Unattached	7:17.4	22:38.74
2	#19 Parker, Randy	M63	Unattached	8:25.0	26:08.85
3	#122 Rice, Richard	M61	Unattached	9:18.3	28:54.50

70-79 Results - Men 5000 Run

	Name	Age Team		Avg Mile	Finals
1	#75 Bergeron, David	M70	Unattached	8:53.8	27:38.40
2	#30 Terrell, Richard	M71	Unattached	9:19.0	28:56.66
3	#7 Scianni, Jim	M74	Unattached	11:48.3	36:40.48
4	#1 Parsel, Dave	M70	Unattached	11:59.6	37:15.51
5	#42 Salas, Rick	M77	Unattached	12:47.7	39:45.04
6	#15 Heller, Jim	M77	Unattached	15:20.9	47:40.85
7	#59 Kuntz, David	M73	Unattached	19:01.7	59:07.00

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80-89 Results - Men 5000 Run
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  1  #20 Wetterhahn, Ralph   M82 Unattached              15:51.5   49:15.99
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90+ Results - Men 5000 Run
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  1  #66 Rice, Bob           M90 Unattached              12:17.3   38:10.70
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