Nelson Slagle Memorial Boeing Lunchtime 5K June #448 - 6/12/2023
www.socaltiming.com
Seal Beach Plant
Rankings

Mixed 5k Run RR

	Comp#	Name		Team	Time	Points
1	22	Araujo, John	M65	Unattached	23:19.36	
2	31	Law, Nina	W61	Unattached	23:42.65	
3	21	Tan, Ian	M44	Unattached	24:06.57	
4	89	Gomez, Nabor	M70	Unattached	24:07.23	
5	92	McIntyre, Tim	M62	Unattached	24:58.77	
6	19	Parker, Randy	M61	Unattached	25:04.09	
7	99	Scianni, Chris	M44	Unattached	25:05.74	
8	47	McKiernan, Gavin	M48	Unattached	25:44.79	
9	70	Armenta, Jason	M53	Unattached	25:55.19	
10	64	Sohaskey, Laura	W64	Unattached	26:11.37	
11	61	Mills, Steven	M73	Unattached	26:33.43	
12	30	Terrell, Richard	M69	Unattached	26:54.14	
13	75	Bergeron, David	M68	Unattached	27:08.92	
14	18	Kern, Kathy	W58	Unattached	27:19.98	
15	2	Rahl, Emmett	M52	Unattached	29:15.35	
16	86	Deprez, Johan	M65	Unattached	30:19.08	
17	7	Scianni, Jim	M72	Unattached	31:17.97	
18	1	Parsel, Dave	M68	Unattached	36:05.70	
19	66	Rice, Bob	M88	Unattached	36:21.31	
20	3	King, Chris	M61	Unattached	38:06.05	
21	59	Kuntz, David	M71	Unattached	40:09.15	
22	11	Shunmugavel, Raji	W66	Unattached	40:55.12	
23	14	Soohoo, Kie	M66	Unattached	46:25.41	

AGE GROUP RESULTS

Name		Age Team	Avg Mile	Finals	Points

50-59 Results - Women 5000 Run

	Name	Age Team	Avg Mile	Finals	Points
1	#18 Kern, Kathy	W58 Unattached	8:47.9	27:19.98	

60-69 Results - Women 5000 Run

	Name	Age Team	Avg Mile	Finals	Points
1	#31 Law, Nina	W61 Unattached	7:37.9	23:42.65	
2	#64 Sohaskey, Laura	W64 Unattached	8:25.8	26:11.37	
3	#11 Shunmugavel, Raji	W66 Unattached	13:10.3	40:55.12	

40-49 Results - Men 5000 Run

	Name	Age Team	Avg Mile	Finals	Points
1	#21 Tan, Ian	M44 Unattached	7:45.6	24:06.57	
2	#99 Scianni, Chris	M44 Unattached	8:04.7	25:05.74	
3	#47 McKiernan, Gavin	M48 Unattached	8:17.3	25:44.79	

50-59 Results - Men 5000 Run

	Name	Age Team	Avg Mile	Finals	Points
1	#70 Armenta, Jason	M53 Unattached	8:20.6	25:55.19	
2	#2 Rahl, Emmett	M52 Unattached	9:25.0	29:15.35	

60-69 Results - Men 5000 Run

	Name	Age Team	Avg Mile	Finals	Points
1	#22 Araujo, John	M65 Unattached	7:30.5	23:19.36	
2	#92 McIntyre, Tim	M62 Unattached	8:02.4	24:58.77	
3	#19 Parker, Randy	M61 Unattached	8:04.2	25:04.09	
4	#30 Terrell, Richard	M69 Unattached	8:39.6	26:54.14	
5	#75 Bergeron, David	M68 Unattached	8:44.3	27:08.92	
6	#86 Deprez, Johan	M65 Unattached	9:45.5	30:19.08	
7	#1 Parsel, Dave	M68 Unattached	11:37.1	36:05.70	
8	#3 King, Chris	M61 Unattached	12:15.8	38:06.05	
9	#14 Soohoo, Kie	M66 Unattached	14:56.6	46:25.41	

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70-79 Results - Men 5000 Run

1	#89 Gomez, Nabor	M70	Unattached	7:45.9	24:07.23
2	#61 Mills, Steven	M73	Unattached	8:32.9	26:33.43
3	#7 Scianni, Jim	M72	Unattached	10:04.5	31:17.97
4	#59 Kuntz, David	M71	Unattached	12:55.5	40:09.15

80+ Results - Men 5000 Run

1	#66 Rice, Bob	M88	Unattached	11:42.1	36:21.31