

**Nelson Slagle Memorial Boeing Lunchtime 5K June #460 - 6/10/2024**

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Seal Beach Plant

**Rankings****Mixed 5k Run RR**

Comp#	Name	Team	Time	Points
1	47 McKiernan, Gavin	M49 Unattached	21:15.48	
2	69 Hilton, James	M60 Unattached	22:02.23	
3	31 Law, Nina	W62 Unattached	23:53.62	
4	19 Parker, Randy	M62 Unattached	24:52.42	
5	122 Rice, Richard	M60 Unattached	26:28.19	
6	22 Araujo, John	M66 Unattached	27:05.54	
7	75 Bergeron, David	M69 Unattached	27:15.95	
8	64 Sohaskey, Laura	W65 Unattached	28:09.13	
9	30 Terrell, Richard	M70 Unattached	28:13.96	
10	2 Rahl, Emmett	M53 Unattached	30:16.78	
11	7 Scianni, Jim	M73 Unattached	33:36.89	
12	15 Heller, Jim	M76 Unattached	34:30.11	
13	66 Rice, Bob	M89 Unattached	35:01.81	
14	42 Salas, Rick	M76 Unattached	38:07.68	
15	80 Ytzen, Richard	M67 Unattached	38:15.01	
16	4 Rusher, Dave	M84 Unattached	38:49.91	
17	14 Soohoo, Kie	M67 Unattached	41:56.59	
18	11 Shunmugavel, Raji	W67 Unattached	42:07.15	
19	1 Parsel, Dave	M69 Unattached	45:08.74	

**AGE GROUP RESULTS**

Name	Age	Team	Avg Mile	Finals	Points
<b>60-69 Results - Women 5000 Run</b>					
1	#31 Law, Nina	W62 Unattached	7:41.5	23:53.62	
2	#64 Sohaskey, Laura	W65 Unattached	9:03.7	28:09.13	
3	#11 Shunmugavel, Raji	W67 Unattached	13:33.5	42:07.15	
<b>40-49 Results - Men 5000 Run</b>					
1	#47 McKiernan, Gavin	M49 Unattached	6:50.6	21:15.48	
<b>50-59 Results - Men 5000 Run</b>					
1	#2 Rahl, Emmett	M53 Unattached	9:44.8	30:16.78	
<b>60-69 Results - Men 5000 Run</b>					
1	#69 Hilton, James	M60 Unattached	7:05.6	22:02.23	
2	#19 Parker, Randy	M62 Unattached	8:00.4	24:52.42	
3	#122 Rice, Richard	M60 Unattached	8:31.2	26:28.19	
4	#22 Araujo, John	M66 Unattached	8:43.3	27:05.54	
5	#75 Bergeron, David	M69 Unattached	8:46.6	27:15.95	
6	#80 Ytzen, Richard	M67 Unattached	12:18.7	38:15.01	
7	#14 Soohoo, Kie	M67 Unattached	13:30.1	41:56.59	
8	#1 Parsel, Dave	M69 Unattached	14:31.9	45:08.74	
<b>70-79 Results - Men 5000 Run</b>					
1	#30 Terrell, Richard	M70 Unattached	9:05.3	28:13.96	
2	#7 Scianni, Jim	M73 Unattached	10:49.2	33:36.89	
3	#15 Heller, Jim	M76 Unattached	11:06.3	34:30.11	
4	#42 Salas, Rick	M76 Unattached	12:16.4	38:07.68	
<b>80+ Results - Men 5000 Run</b>					
1	#66 Rice, Bob	M89 Unattached	11:16.5	35:01.81	
2	#4 Rusher, Dave	M84 Unattached	12:30.0	38:49.91	

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