

August Boeing Lunch Hour 5K - 8/9/2021

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Seal Beach Plant**Rankings****Mixed 5k Run RR**

Comp#	Name	Team	Time	Points
1	47 McKiernan, Gavin	M46 Unattached	21:37.83	
2	22 Araujo, John	M63 Unattached	22:22.24	
3	69 Hilton, James	M57 Unattached	22:46.69	
4	19 Parker, Randy	M59 Unattached	23:19.32	
5	31 Law, Nina	W59 Unattached	23:28.66	
6	68 Barringer, Hiroko	W53 Unattached	24:14.03	
7	75 Bergeron, David	M66 Unattached	26:00.77	
8	1 Parsel, Dave	M66 Unattached	26:38.53	
9	2 Rahl, Emmett	M50 Unattached	28:49.33	
10	79 Hahn, Chris	M29 Unattached	28:55.90	
11	59 Kuntz, David	M69 Unattached	29:50.48	
12	7 Scianni, Jim	M70 Unattached	30:49.35	
13	78 Stephens, Alex	M75 Unattached	30:55.98	
14	57 Kang, Andi	W63 Unattached	33:12.30	
15	66 Rice, Bob	M86 Unattached	35:01.14	
16	42 Salas, Rick	M73 Unattached	36:35.09	
17	77 Browne, Paul	M83 Unattached	40:53.92	
18	20 Wetterhahn, Ralph	M79 Unattached	42:31.95	
19	11 Shunmugavel, Raji	W64 Unattached	48:11.53	

AGE GROUP RESULTS

Name	Age	Team	Avg Mile	Finals	Points
50-59 Results - Women 5000 Run					
1 #31 Law, Nina	W59	Unattached	7:33.4	23:28.66	
2 #68 Barringer, Hiroko	W53	Unattached	7:48.0	24:14.03	
60-69 Results - Women 5000 Run					
1 #57 Kang, Andi	W63	Unattached	10:41.3	33:12.30	
2 #11 Shunmugavel, Raji	W64	Unattached	15:30.7	48:11.53	
20-29 Results - Men 5000 Run					
1 #79 Hahn, Chris	M29	Unattached	9:18.8	28:55.90	
40-49 Results - Men 5000 Run					
1 #47 McKiernan, Gavin	M46	Unattached	6:57.8	21:37.83	
50-59 Results - Men 5000 Run					
1 #69 Hilton, James	M57	Unattached	7:19.9	22:46.69	
2 #19 Parker, Randy	M59	Unattached	7:30.4	23:19.32	
3 #2 Rahl, Emmett	M50	Unattached	9:16.7	28:49.33	
60-69 Results - Men 5000 Run					
1 #22 Araujo, John	M63	Unattached	7:12.1	22:22.24	
2 #75 Bergeron, David	M66	Unattached	8:22.4	26:00.77	
3 #1 Parsel, Dave	M66	Unattached	8:34.6	26:38.53	
4 #59 Kuntz, David	M69	Unattached	9:36.3	29:50.48	
70-79 Results - Men 5000 Run					
1 #7 Scianni, Jim	M70	Unattached	9:55.3	30:49.35	
2 #78 Stephens, Alex	M75	Unattached	9:57.4	30:55.98	
3 #42 Salas, Rick	M73	Unattached	11:46.6	36:35.09	
4 #20 Wetterhahn, Ralph	M79	Unattached	13:41.4	42:31.95	

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Rankings

80+ Results - Men 5000 Run

1	#66 Rice, Bob	M86 Unattached	11:16.3	35:01.14
2	#77 Browne, Paul	M83 Unattached	13:09.9	40:53.92