

Nelson Slagle Memorial Boeing Lunchtime 5K September #451 - 9/11/2023

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Seal Beach Plant**Rankings****Mixed 5k Run RR**

Comp#	Name	Team	Time	Points
1	96 Acker, Robert	M24 Unattached	21:26.99	
2	22 Araujo, John	M65 Unattached	22:42.56	
3	47 McKiernan, Gavin	M49 Unattached	23:06.26	
4	89 Gomez, Nabor	M71 Unattached	24:55.06	
5	19 Parker, Randy	M62 Unattached	25:33.80	
6	99 Scianni, Chris	M44 Unattached	26:52.12	
7	75 Bergeron, David	M68 Unattached	27:03.29	
8	2 Rahl, Emmett	M52 Unattached	28:18.25	
9	95 Kho, Daniel	M42 Unattached	28:47.55	
10	7 Scianni, Jim	M72 Unattached	30:19.39	
11	34 Louie, Michael	M62 Unattached	32:29.05	
12	61 Mills, Steven	M74 Unattached	34:53.40	
13	1 Parsel, Dave	M68 Unattached	35:04.91	
14	66 Rice, Bob	M88 Unattached	35:44.09	
15	42 Salas, Rick	M76 Unattached	36:57.85	
16	15 Heller, Jim	M76 Unattached	37:50.24	
17	59 Kuntz, David	M71 Unattached	42:02.17	
18	14 Soohoo, Kie	M67 Unattached	45:24.88	

AGE GROUP RESULTS

Name	Age	Team	Avg Mile	Finals	Points
20-29 Results - Men 5000 Run					
1 #96 Acker, Robert		M24 Unattached	6:54.3	21:26.99	
40-49 Results - Men 5000 Run					
1 #47 McKiernan, Gavin		M49 Unattached	7:26.2	23:06.26	
2 #99 Scianni, Chris		M44 Unattached	8:38.9	26:52.12	
3 #95 Kho, Daniel		M42 Unattached	9:16.1	28:47.55	
50-59 Results - Men 5000 Run					
1 #2 Rahl, Emmett		M52 Unattached	9:06.7	28:18.25	
60-69 Results - Men 5000 Run					
1 #22 Araujo, John		M65 Unattached	7:18.6	22:42.56	
2 #19 Parker, Randy		M62 Unattached	8:13.7	25:33.80	
3 #75 Bergeron, David		M68 Unattached	8:42.5	27:03.29	
4 #34 Louie, Michael		M62 Unattached	10:27.4	32:29.05	
5 #1 Parsel, Dave		M68 Unattached	11:17.5	35:04.91	
6 #14 Soohoo, Kie		M67 Unattached	14:37.1	45:24.88	
70-79 Results - Men 5000 Run					
1 #89 Gomez, Nabor		M71 Unattached	8:01.3	24:55.06	
2 #7 Scianni, Jim		M72 Unattached	9:45.6	30:19.39	
3 #61 Mills, Steven		M74 Unattached	11:13.8	34:53.40	
4 #42 Salas, Rick		M76 Unattached	11:53.9	36:57.85	
5 #15 Heller, Jim		M76 Unattached	12:10.8	37:50.24	
6 #59 Kuntz, David		M71 Unattached	13:31.8	42:02.17	
80+ Results - Men 5000 Run					
1 #66 Rice, Bob		M88 Unattached	11:30.2	35:44.09	