May Boeing Lunch Hour 5K - 5/10/2021
www.socaltiming.com
Seal Beach Plant
Rankings

Mixed 5k Run RR

	Comp#	Name		Team	Time	Points
1	47	McKiernan, Gavin	M46	Unattached	20:59.57	
2	69	Hilton, James	M57	Unattached	22:10.31	
3	22	Araujo, John	M63	Unattached	22:40.73	
4	31	Law, Nina	W59	Unattached	23:52.72	
5	1	Parsel, Dave	M66	Unattached	26:13.12	
6	70	Armenta, Jason	M51	Unattached	26:19.85	
7	2	Rahl, Emmett	M50	Unattached	26:42.77	
8	75	Bergeron, David	M66	Unattached	27:00.23	
9	64	Sohaskey, Laura	W62	Unattached	27:50.00	
10	15	Heller, Jim	M73	Unattached	29:44.94	
11	14	Soohoo, Kie	M64	Unattached	32:54.33	
12	7	Scianni, Jim	M70	Unattached	34:53.66	
13	20	Wetterhahn, Ralph	M79	Unattached	44:47.40	
14	11	Shunmugavel, Raji	W64	Unattached	48:18.45	

AGE GROUP RESULTS

Name	Age Team	Avg Mile	Finals	Points
50-59 Results - Women 5000 Run				
1 Law, Nina	W59 Unattached	7:41.2	23:52.72	
60-69 Results - Women 5000 Run				
1 Sohaskey, Laura	W62 Unattached	8:57.6	27:50.00	
2 Shunmugavel, Raji	W64 Unattached	15:33.0	48:18.45	
40-49 Results - Men 5000 Run				
1 McKiernan, Gavin	M46 Unattached	6:45.5	20:59.57	
50-59 Results - Men 5000 Run				
1 Hilton, James	M57 Unattached	7:08.2	22:10.31	
2 Armenta, Jason	M51 Unattached	8:28.5	26:19.85	
3 Rahl, Emmett	M50 Unattached	8:35.9	26:42.77	
60-69 Results - Men 5000 Run				
1 Araujo, John	M63 Unattached	7:18.0	22:40.73	
2 Parsel, Dave	M66 Unattached	8:26.4	26:13.12	
3 Bergeron, David	M66 Unattached	8:41.5	27:00.23	
4 Soohoo, Kie	M64 Unattached	10:35.5	32:54.33	
70-79 Results - Men 5000 Run				
1 Heller, Jim	M73 Unattached	9:34.6	29:44.94	
2 Scianni, Jim	M70 Unattached	11:13.9	34:53.66	
3 Wetterhahn, Ralph	M79 Unattached	14:25.0	44:47.40	