Nelson Slagle Memorial Boeing Lunchtime 5K June 9, 2025 #472 - 6/9/2025
www.socaltiming.com
Seal Beach Plant
Rankings

Mixed 5k Run RR

	Comp#	Name		Team	Time	Points
1	65	Bugarin, Tony	M58	Unattached	21:48.23	
2	142	Chmiel, Jeff	M21	Unattached	21:50.59	
3	47	McKiernan, Gavin	M50	Unattached	22:55.26	
4	22	Araujo, John	M67	Unattached	23:37.15	
5	89	Gomez, Nabor	M72	Unattached	24:41.04	
6	141	Chavez, Delilah	W21	Unattached	24:54.88	
7	30	Terrell, Richard	M71	Unattached	27:57.86	
8	64	Sohaskey, Laura	W66	Unattached	28:24.33	
9	2	Rahl, Emmett	M54	Unattached	29:06.64	
10	34	Louie, Michael	M64	Unattached	34:19.95	
11	1	Parsel, Dave	M70	Unattached	37:10.25	
12	42	Salas, Rick	M77	Unattached	37:39.86	
13	82	Graff, Irene	W61	Unattached	37:48.97	
14	66	Rice, Bob	M90	Unattached	39:17.49	
15	15	Heller, Jim	M77	Unattached	40:30.28	
16	19	Parker, Randy	M63	Unattached	41:38.10	
17	14	Soohoo, Kie	M68	Unattached	42:13.15	
18	11	Shunmugavel, Raji	W68	Unattached	45:02.51	
19	59	Kuntz, David	M73	Unattached	55:30.00	

AGE GROUP RESULTS

Name	Age Team	Avg Mile	Finals	Points
20-29 Results - Women 5000 Run				
1 #141 Chavez, Delilah	W21 Unattached	8:01.2	24:54.88	
60-69 Results - Women 5000 Run				
1 #64 Sohaskey, Laura	W66 Unattached	9:08.6	28:24.33	
2 #82 Graff, Irene	W61 Unattached	12:10.4	37:48.97	
3 #11 Shunmugavel, Raji	W68 Unattached	14:29.9	45:02.51	
20-29 Results - Men 5000 Run				
1 #142 Chmiel, Jeff	M21 Unattached	7:01.9	21:50.59	
50-59 Results - Men 5000 Run				
1 #65 Bugarin, Tony	M58 Unattached	7:01.1	21:48.23	
2 #47 McKiernan, Gavin	M50 Unattached	7:22.7	22:55.26	
3 #2 Rahl, Emmett	M54 Unattached	9:22.2	29:06.64	
60-69 Results - Men 5000 Run				
1 #22 Araujo, John	M67 Unattached	7:36.2	23:37.15	
2 #34 Louie, Michael	M64 Unattached	11:03.1	34:19.95	
3 #19 Parker, Randy	M63 Unattached	13:24.1	41:38.10	
4 #14 Soohoo, Kie	M68 Unattached	13:35.4	42:13.15	
70-79 Results - Men 5000 Run				
1 #89 Gomez, Nabor	M72 Unattached	7:56.7	24:41.04	
2 #30 Terrell, Richard	M71 Unattached	9:00.1	27:57.86	
3 #1 Parsel, Dave	M70 Unattached	11:57.9	37:10.25	
4 #42 Salas, Rick	M77 Unattached	12:07.4	37:39.86	
5 #15 Heller, Jim	M77 Unattached	13:02.3	40:30.28	
6 #59 Kuntz, David	M73 Unattached	17:51.9	55:30.00	

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90+ Results - Men 5000 Run

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  1  #66 Rice, Bob            M90 Unattached              12:38.8   39:17.49
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