

**Nelson Slagle Memorial Boeing Lunchtime 5K January 2025 #467 - 1/13/2025 to 1/****www.socaltiming.com****Seal Beach Plant****Rankings****Mixed 5k Run RR**

Comp#	Name	Team	Time	Points
1	47 McKiernan, Gavin	M50 Unattached	23:27.88	
2	22 Araujo, John	M66 Unattached	23:47.69	
3	69 Hilton, James	M60 Unattached	24:14.57	
4	134 Kucharczyk, Will	M31 Unattached	24:26.79	
5	89 Gomez, Nabor	M72 Unattached	24:55.49	
6	92 McIntyre, Tim	M64 Unattached	25:06.46	
7	136 Vannah, Zach	M24 Unattached	25:06.83	
8	19 Parker, Randy	M63 Unattached	26:31.13	
9	133 Nido, Marina	W28 Unattached	27:00.34	
10	64 Sohaskey, Laura	W66 Unattached	30:39.36	
11	30 Terrell, Richard	M70 Unattached	33:05.06	
12	34 Louie, Michael	M64 Unattached	33:49.37	
13	15 Heller, Jim	M77 Unattached	35:43.99	
14	42 Salas, Rick	M77 Unattached	37:43.44	
15	80 Ytzen, Richard	M67 Unattached	37:52.58	
16	66 Rice, Bob	M90 Unattached	37:57.74	
17	7 Scianni, Jim	M73 Unattached	38:47.29	
18	5 Hickok, Tim	M59 Unattached	39:55.35	
19	14 Soohoo, Kie	M68 Unattached	45:10.18	
20	20 Wetterhahn, Ralph	M82 Unattached	46:22.21	
21	1 Parsel, Dave	M69 Unattached	46:22.48	
22	2 Rahl, Emmett	M53 Unattached	46:22.75	

**AGEGROUP RESULTS**

Name	Age	Team	Avg Mile	Finals	Points
<b>20-29 Results - Women 5000 Run</b>					
1 #133 Nido, Marina		W28 Unattached	8:41.6	27:00.34	
<b>60-69 Results - Women 5000 Run</b>					
1 #64 Sohaskey, Laura		W66 Unattached	9:52.1	30:39.36	
<b>20-29 Results - Men 5000 Run</b>					
1 #136 Vannah, Zach		M24 Unattached	8:05.0	25:06.83	
<b>30-39 Results - Men 5000 Run</b>					
1 #134 Kucharczyk, Will		M31 Unattached	7:52.2	24:26.79	
<b>50-59 Results - Men 5000 Run</b>					
1 #47 McKiernan, Gavin		M50 Unattached	7:33.2	23:27.88	
2 #5 Hickok, Tim		M59 Unattached	12:51.0	39:55.35	
3 #2 Rahl, Emmett		M53 Unattached	14:55.7	46:22.75	
<b>60-69 Results - Men 5000 Run</b>					
1 #22 Araujo, John		M66 Unattached	7:39.6	23:47.69	
2 #69 Hilton, James		M60 Unattached	7:48.2	24:14.57	
3 #92 McIntyre, Tim		M64 Unattached	8:04.9	25:06.46	
4 #19 Parker, Randy		M63 Unattached	8:32.2	26:31.13	
5 #34 Louie, Michael		M64 Unattached	10:53.2	33:49.37	
6 #80 Ytzen, Richard		M67 Unattached	12:11.5	37:52.58	
7 #14 Soohoo, Kie		M68 Unattached	14:32.4	45:10.18	
8 #1 Parsel, Dave		M69 Unattached	14:55.6	46:22.48	

**Nelson Slagle Memorial Boeing Lunchtime 5K January 2025 #467 - 1/13/2025 to 1/****www.socaltiming.com****Seal Beach Plant****Rankings****70-79 Results - Men 5000 Run**

1	#89 Gomez, Nabor	M72 Unattached	8:01.4	24:55.49
2	#30 Terrell, Richard	M70 Unattached	10:39.0	33:05.06
3	#15 Heller, Jim	M77 Unattached	11:30.1	35:43.99
4	#42 Salas, Rick	M77 Unattached	12:08.6	37:43.44
5	#7 Scianni, Jim	M73 Unattached	12:29.1	38:47.29

**80-89 Results - Men 5000 Run**

1	#20 Wetterhahn, Ralph	M82 Unattached	14:55.5	46:22.21
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**90+ Results - Men 5000 Run**

1	#66 Rice, Bob	M90 Unattached	12:13.2	37:57.74
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