

February Boeing Lunch Hour 5K - 2/14/2022

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Seal Beach Plant**Rankings****Mixed 5k Run RR**

Comp#	Name	Team	Time	Points
1	69 Hilton, James	M57 Unattached	21:51.72	
2	22 Araujo, John	M63 Unattached	22:57.99	
3	31 Law, Nina	W59 Unattached	23:58.07	
4	68 Barringer, Hiroko	W54 Unattached	24:17.75	
5	75 Bergeron, David	M67 Unattached	26:18.34	
6	19 Parker, Randy	M60 Unattached	26:19.46	
7	64 Sohaskey, Laura	W63 Unattached	26:27.30	
8	15 Heller, Jim	M74 Unattached	27:28.97	
9	30 Terrell, Richard	M67 Unattached	27:37.91	
10	83 De Jong, Michelle	W52 Unattached	28:51.99	
11	7 Scianni, Jim	M70 Unattached	31:55.52	
12	14 Soohoo, Kie	M65 Unattached	32:28.39	
13	1 Parsel, Dave	M66 Unattached	33:34.41	
14	3 King, Chris	M60 Unattached	36:21.47	
15	85 Mcintyre, Kevin	M52 Unattached	43:53.30	
16	20 Wetterhahn, Ralph	M79 Unattached	46:17.40	
17	2 Rahl, Emmett	M50 Unattached	55:00.67	

Event 1 AGE GROUP RESULTS

Name	Age	Team	Avg Mile	Finals	Points
50-59 Results - Women 5000 Run					
1 #31 Law, Nina		W59 Unattached	7:42.9	23:58.07	
2 #68 Barringer, Hiroko		W54 Unattached	7:49.2	24:17.75	
3 #83 De Jong, Michelle		W52 Unattached	9:17.5	28:51.99	
60-69 Results - Women 5000 Run					
1 #64 Sohaskey, Laura		W63 Unattached	8:30.9	26:27.30	
50-59 Results - Men 5000 Run					
1 #69 Hilton, James		M57 Unattached	7:02.2	21:51.72	
2 #85 Mcintyre, Kevin		M52 Unattached	14:07.6	43:53.30	
3 #2 Rahl, Emmett		M50 Unattached	17:42.4	55:00.67	
60-69 Results - Men 5000 Run					
1 #22 Araujo, John		M63 Unattached	7:23.6	22:57.99	
2 #75 Bergeron, David		M67 Unattached	8:28.1	26:18.34	
3 #19 Parker, Randy		M60 Unattached	8:28.4	26:19.46	
4 #30 Terrell, Richard		M67 Unattached	8:53.7	27:37.91	
5 #14 Soohoo, Kie		M65 Unattached	10:27.2	32:28.39	
6 #1 Parsel, Dave		M66 Unattached	10:48.4	33:34.41	
7 #3 King, Chris		M60 Unattached	11:42.2	36:21.47	
70-79 Results - Men 5000 Run					
1 #15 Heller, Jim		M74 Unattached	8:50.8	27:28.97	
2 #7 Scianni, Jim		M70 Unattached	10:16.6	31:55.52	
3 #20 Wetterhahn, Ralph		M79 Unattached	14:54.0	46:17.40	