

March Boeing Lunch Hour 5K - 3/8/2021

www.socaltiming.com

Seal Beach Plant

Rankings**Mixed 5k Run RR**

Comp#	Name	Team	Time	Points
1	47 McKiernan, Gavin	M46 Unattached	21:00.22	
2	24 Araujo, Johnny	M30 Unattached	21:43.60	
3	22 Araujo, John	M63 Unattached	22:44.44	
4	69 Hilton, James	M57 Unattached	22:53.92	
5	70 Armenta, Jason	M51 Unattached	24:31.88	
6	68 Barringer, Hiroko	W53 Unattached	24:37.80	
7	5 Hickok, Tim	M55 Unattached	25:07.42	
8	1 Parsel, Dave	M65 Unattached	26:09.79	
9	2 Rahl, Emmett	M50 Unattached	26:17.52	
10	30 Terrell, Richard	M67 Unattached	27:17.45	
11	51 Wang, Efa	M69 Unattached	28:57.40	
12	15 Heller, Jim	M73 Unattached	29:20.55	
13	6 Woodruff, Jason	M43 Unattached	29:22.40	
14	59 Kuntz, David	M69 Unattached	29:32.31	
15	58 Calkins, Mark	M58 Unattached	29:55.12	Virtual
16	7 Scianni, Jim	M70 Unattached	31:07.00	
17	14 Soohoo, Kie	M64 Unattached	32:01.51	
18	72 Uyeno, Natalie	W52 Unattached	35:44.97	
19	66 Rice, Bob	M86 Unattached	36:23.82	
20	19 Parker, Randy	M59 Unattached	36:25.23	
21	4 Rusher, Dave	M81 Unattached	37:47.71	
22	73 Barton, Dulce	W65 Unattached	42:11.77	
23	11 Shunmugavel, Raji	W64 Unattached	59:00.56	Virtual

Event 1 AGE GROUP RESULTS

Name	Age	Team	Avg Mile	Finals	Points
50-59 Results - Women 5000 Run					
1 #68 Barringer, Hiroko	W53	Unattached	7:55.7	24:37.80	
2 #72 Uyeno, Natalie	W52	Unattached	11:30.4	35:44.97	
60-69 Results - Women 5000 Run					
1 #73 Barton, Dulce	W65	Unattached	13:34.9	42:11.77	
2 #11 Shunmugavel, Raji	W64	Unattached	18:59.6	59:00.56	Virtual
30-39 Results - Men 5000 Run					
1 #24 Araujo, Johnny	M30	Unattached	6:59.6	21:43.60	
40-49 Results - Men 5000 Run					
1 #47 McKiernan, Gavin	M46	Unattached	6:45.7	21:00.22	
2 #6 Woodruff, Jason	M43	Unattached	9:27.3	29:22.40	
50-59 Results - Men 5000 Run					
1 #69 Hilton, James	M57	Unattached	7:22.3	22:53.92	
2 #70 Armenta, Jason	M51	Unattached	7:53.8	24:31.88	
3 #5 Hickok, Tim	M55	Unattached	8:05.2	25:07.42	
4 #2 Rahl, Emmett	M50	Unattached	8:27.8	26:17.52	
5 #58 Calkins, Mark	M58	Unattached	9:37.8	29:55.12	Virtual
6 #19 Parker, Randy	M59	Unattached	11:43.4	36:25.23	
60-69 Results - Men 5000 Run					
1 #22 Araujo, John	M63	Unattached	7:19.2	22:44.44	
2 #1 Parsel, Dave	M65	Unattached	8:25.3	26:09.79	

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3	#30 Terrell, Richard	M67 Unattached	8:47.1	27:17.45
4	#51 Wang, Efa	M69 Unattached	9:19.3	28:57.40
5	#59 Kuntz, David	M69 Unattached	9:30.5	29:32.31
6	#14 Soohoo, Kie	M64 Unattached	10:18.5	32:01.51

70-79 Results - Men 5000 Run

1	#15 Heller, Jim	M73 Unattached	9:26.7	29:20.55
2	#7 Scianni, Jim	M70 Unattached	10:01.0	31:07.00

80+ Results - Men 5000 Run

1	#66 Rice, Bob	M86 Unattached	11:42.9	36:23.82
2	#4 Rusher, Dave	M81 Unattached	12:09.9	37:47.71