

Nelson Slagle Memorial Boeing Lunchtime 5K May #447 - 5/8/2023

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Seal Beach Plant**Rankings****Mixed 5k Run RR**

Comp#	Name	Team	Time	Points
1	65 Bugarin, Tony	M56 Unattached	21:51.16	
2	22 Araujo, John	M65 Unattached	22:44.24	
3	31 Law, Nina	W61 Unattached	23:51.96	
4	89 Gomez, Nabor	M70 Unattached	24:45.66	
5	19 Parker, Randy	M61 Unattached	25:43.30	
6	75 Bergeron, David	M68 Unattached	26:03.57	
7	99 Scianni, Chris	M44 Unattached	26:25.20	
8	64 Sohaskey, Laura	W64 Unattached	27:11.35	
9	84 Chang, Dennis	M70 Unattached	27:59.89	
10	15 Heller, Jim	M75 Unattached	28:17.68	
11	30 Terrell, Richard	M69 Unattached	28:28.20	
12	7 Scianni, Jim	M72 Unattached	29:09.70	
13	95 Kho, Daniel	M42 Unattached	29:38.26	
14	94 Behzadian, Ben	M43 Unattached	29:41.25	
15	2 Rahl, Emmett	M52 Unattached	29:45.18	
16	4 Rusher, Dave	M83 Unattached	35:07.45	
17	1 Parsel, Dave	M68 Unattached	39:17.09	
18	11 Shunmugavel, Raji	W66 Unattached	40:48.43	
19	14 Soohoo, Kie	M66 Unattached	42:03.43	
20	5 Hickok, Tim	M57 Unattached	42:22.05	
21	20 Wetterhahn, Ralph	M81 Unattached	47:32.60	

AGE GROUP RESULTS

Name	Age	Team	Avg Mile	Finals	Points
60-69 Results - Women 5000 Run					
1	#31 Law, Nina	W61 Unattached	7:40.9	23:51.96	
2	#64 Sohaskey, Laura	W64 Unattached	8:45.1	27:11.35	
3	#11 Shunmugavel, Raji	W66 Unattached	13:08.1	40:48.43	
40-49 Results - Men 5000 Run					
1	#99 Scianni, Chris	M44 Unattached	8:30.3	26:25.20	
2	#95 Kho, Daniel	M42 Unattached	9:32.4	29:38.26	
3	#94 Behzadian, Ben	M43 Unattached	9:33.4	29:41.25	
50-59 Results - Men 5000 Run					
1	#65 Bugarin, Tony	M56 Unattached	7:02.1	21:51.16	
2	#2 Rahl, Emmett	M52 Unattached	9:34.6	29:45.18	
3	#5 Hickok, Tim	M57 Unattached	13:38.2	42:22.05	
60-69 Results - Men 5000 Run					
1	#22 Araujo, John	M65 Unattached	7:19.1	22:44.24	
2	#19 Parker, Randy	M61 Unattached	8:16.8	25:43.30	
3	#75 Bergeron, David	M68 Unattached	8:23.3	26:03.57	
4	#30 Terrell, Richard	M69 Unattached	9:09.9	28:28.20	
5	#1 Parsel, Dave	M68 Unattached	12:38.7	39:17.09	
6	#14 Soohoo, Kie	M66 Unattached	13:32.3	42:03.43	
70-79 Results - Men 5000 Run					
1	#89 Gomez, Nabor	M70 Unattached	7:58.2	24:45.66	
2	#84 Chang, Dennis	M70 Unattached	9:00.7	27:59.89	
3	#15 Heller, Jim	M75 Unattached	9:06.5	28:17.68	
4	#7 Scianni, Jim	M72 Unattached	9:23.2	29:09.70	

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Rankings

80+ Results - Men 5000 Run

1	#4 Rusher, Dave	M83 Unattached	11:18.4	35:07.45
2	#20 Wetterhahn, Ralph	M81 Unattached	15:18.2	47:32.60